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ŠIAULIAI SPORT GYMNASIUM ACTIVITY WEEK WITHOUT BULLYING “LET’S BE FRIENDS!”

EVENT 2: Activity week

Programme is prepared by Irena Tamošaitienė, Social worker of Šiauliai sport gymnasium.

Organizers: Social worker Irena Tamošaitienė, head teacher’s assistant Brigita Mažonavičienė, coordinator of Erasmus + strategic partnership project „Let’s stop violence at school through art, sport and literature!“ Zulfija Guzienė, teacher of art Lina Kaselienė, teacher of ethics Vitalija Drungilaitė, teacher of religion Edita Pupkevičiūtė – Kiguolė, school council.

Partners:

Public organisation “Save children”!

Place:

Sport gymnasium

Date:

From 2015-03-23 to 2015-03-27 d.

Tasks and aims:

- To educate creativity, activity and friendliness;
- To recognize bullying and to confront it;
- To reduce violence and bullying;
- To educate responsibility;
- To realize consequences of electronic bullying
- To encourage and to strengthen positive behaviour;
- To encourage children to express their thoughts and feelings;



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- To develop cooperation skills.

Description of “the week without bullying”.

During this week students were encouraged to pay as more attention as possible to each other, to be considerate and tolerant. They were taught to recognize bullying, to learn the ways to stop it. During this week various activities, lectures, class meetings and other school events, which promote respect to other people were organized.

On-going activities encouraged students’ creativity, improved basic communication skills, encouraged participation in public life, helped to understand, that every person is worth being respected, regardless of his/her social status, race, religious belief. Also a survey on bullying, which helped us to find out the current situation in our school was carried out among students.

All members of school community had an opportunity to express their thoughts about friendship, respect, good relationships and record them on a "friendship tree" that decorated the hall of the school. The students of other school (Medelynas progimnazija) also participated in the friendship tree-building activity “Let’s grow friendship tree “.

The content of the week without bullying:

March 23.

In the morning, students volunteers will give the logos of the week “Let’s be friends” to all members of the school community, which were created in art classes.

March 24.

Students of 8 – 9 grades wrote essays about friendship and respect during the lessons of the Lithuanian language.

Students of 10 grade participated in translation of the text about tolerance during the lessons of the English language.

Specialist of Public Health E. Kalinaitis and social pedagogue I. Tamošaitienė gave a lecture - discussion “Resistance to external factors” to the students of 11 - 12 grades.

March 25.

Students of 6 -7 grades participated in the lesson of movement "Together we are powerful" During the lesson the students were taught to dance Zumba. They will teach the students of 11 grade K.Rudzinskaitė. Also during this lesson students were introduced specific bullying situations.

Specialist of Public Health E. Kalinaitis and social pedagogue I. Tamošaitienė gave a lecture - discussion “Resistance to external factors” to the students of 8-9 grades.

March 26.



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Handshaking and greetings morning. Group of students and teachers volunteers met all members of school communities, greeted them by shaking their hands and wished them good day.

Specialist of Public Health E. Kalinaitis gave a lecture - discussion "Real friend" to the students of 6-7 grades.

March 27.

Brainstorm for the students of 10-11 grades "I know – that's why I do not agree." Brainstorm consists of 5 parts.

1. Teams must prepare presentations and the name of their team.
2. Mind exercises tasks for logical thinking.
3. Questions about psychotropic substances.
4. Questions about the problem of bullying.
5. Creative task: a team must develop a slogan and a plan how to help a friend who suffered from bullying.

(Brainstorm programme is given below: Appendix No. 1)

Finishing and closing of the activity "Let's be friend".

Appendix No. 1

ŠIAULIAI SPORT GIMNASIUM

BRAINSTORM „I KNOW, THAT'S WHY I DON'T AGREE“, PROGRAMME

THE MAIN PART:

The nature of the event - preventative, encouraging prevention of addictions and bullying and promoting healthy lifestyles.

THE AIMS

- To reduce the spread of harmful habits and social exclusion;
- To involve students in preventions of addictions.
- To recognize and prevent bullying.
- To promote and strengthen positive behaviour;

TIME AND PLACE OF THE EVENT:

Place: Auditorium of Šiauliai sport gymnasium;

Time: March 27, 2015.



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PARTICIPANTS:

Students of 10-11 grades from Šiauliai sport gymnasium and Šaukėnai Vladas Pūtvis-Putvinskis gymnasium participated in the brainstorm. Two teams from each school can participate in the brainstorm.

Team consists of 5 members (one team- 5 students from 10th grade, 5 students from 11th grade)

ORGANISERS:

Social worker of Sport gymnasium Irena Tamošaitienė,

Coordinator of Erasmus + strategic partnership project "Let's stop violence at school through art, sport and literature!" Zulfija Guzienė, teacher of art Lina Kaselienė, teacher of ethics Vitalija Drungilaitė, teacher of religion Edita Pupkevičiūtė – Kiguolė,

JURY

- Teams are assessed by jury consisting of:
- The assistant of head teachers of Siauliai sports gymnasium B. Mažonavičienė;
- Chief specialist of Šiauliai Police Headquarters Mr Mockus.
- Specialist of Public health E. Kalinaitis.

The decisions of jury are indisputable

AWARDS:

The teams and the winners are awarded with diplomas and prizes of the organizers.



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This plan was financed with the support of the European Commission. This publication binds only his author and the commission is not responsible of the use which could be fact of information it contains.